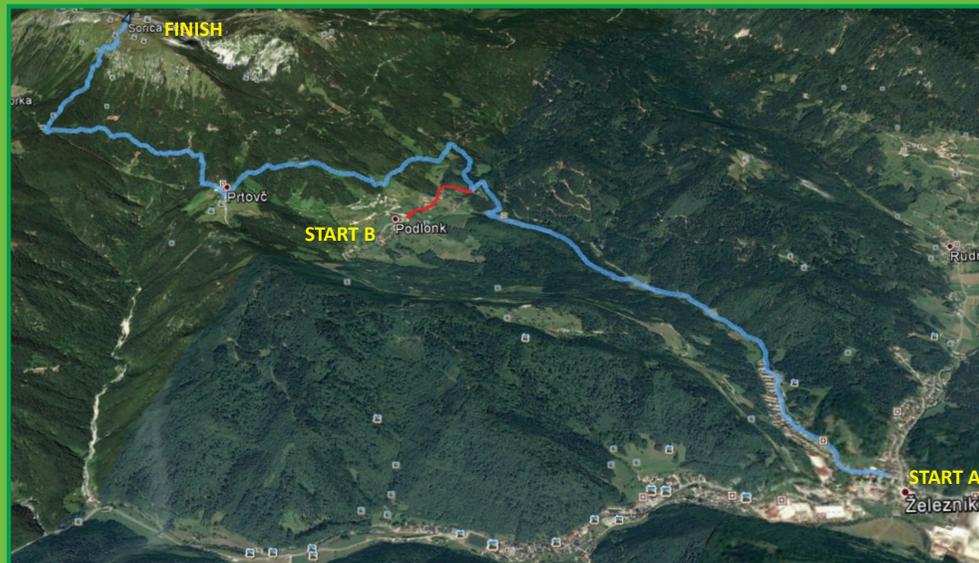


COURSE A PROFILE: Men M35 to M50, Open race Men



COURSE B PROFILE: Men M55 to M75, Women W35 to W75, Open race Women



Andrew Douglas, Scotland, winner of Ratitovec World Cup running in 2015
I have really great memories of the race in Ratitovec. A very exciting atmosphere at the start and a tough, relentless climb to the top. Quite a technical path towards the finish, but once you get there you are rewarded with stunning views over the mountains. The support at the finish was brilliant and helped as the legs started to really tire!



Miran Cvet, Slovenia, multiple Slovenian national champion and Ratitovec running winner
Ratitovec mountain race is one of the most difficult and well-organized races. The course is very difficult, but personally, I like it. Every year the organizer does the best for good organization, so just keep on doing in the same direction.



Fujio Miyachi, Japan, multiple Ratitovec running participant
Ratitovec is one of the most beautiful mountains in Slovenia. The final part of the course is very steep and tough but after you reach the top you can see the amazing view. You must run the Ratitovec race! Slovenia is really green, has delicious food, people are kind and the race is great!



Ana Čufer, Slovenia, Slovenian national champion and Ratitovec running winner
The running, which is famous for its beautiful nature and good organization. In the finish area is always lot fans, good support and of course, wonderful views!

VISIT ŽELEZNIKI



The Selška valley with its surroundings offers many opportunities for hiking, cycling and other sports in the summer season. In winter, it offers skiing on the ski slopes Soriška planina, Cerklno and Črni vrh.



The Selška valley was the home of fužinarstvo (ironmaking), which marked the places along the Selška Sora River. Ironmaking, which was possible due to large reserves of iron on the surrounding hills, rich wood reserves and the Selška Sora River as a driving force, gave the beat to Železniki until 1902. The history of the place can be seen at the Železniki Museum.

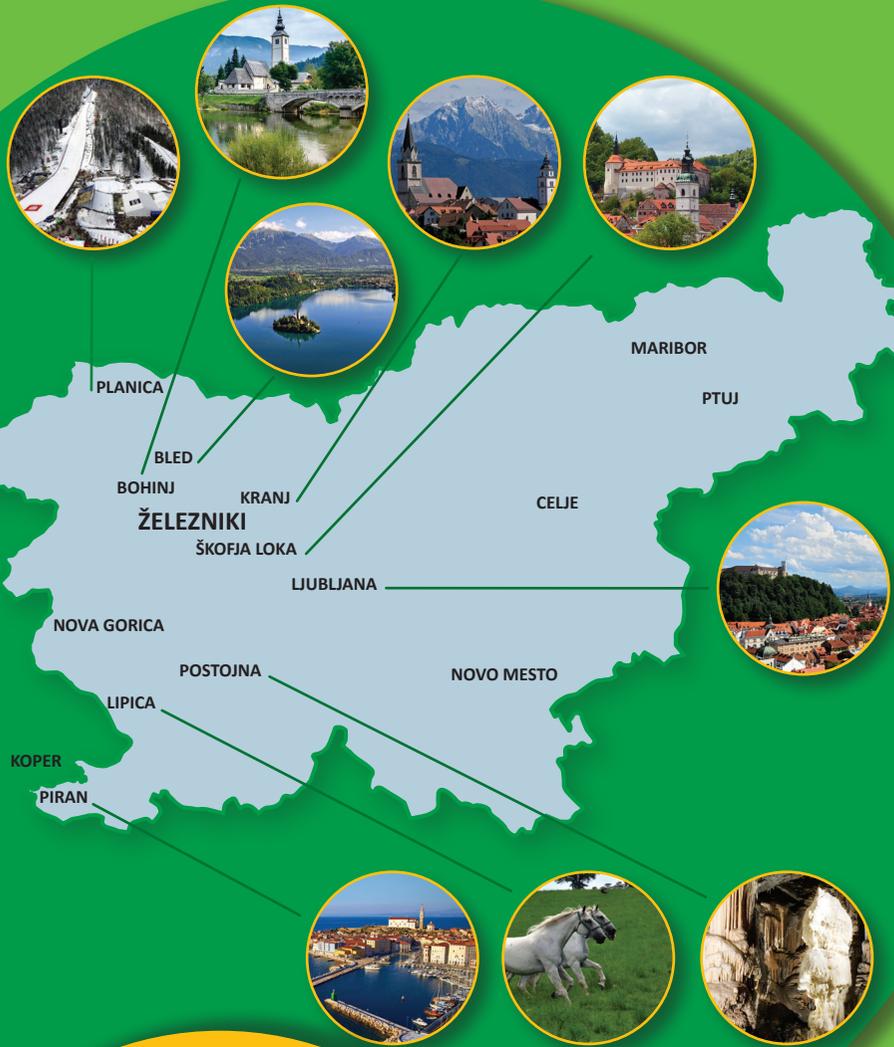


A walk through the old part of Železniki leads you to the settlements Racovnik, Trnje and Na Plavžu, the former market place, which represents the interesting and rich ironmaking heritage of Železniki.



The iron trade in the Železniki is witnessed by old houses and one of the two blast furnaces, which is unique in Europe; it is restored and preserved as a technical monument.

VISIT SLOVENIA



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<http://www.atletsko-drustvo-zelezniki.si/AK/stran/tek-na-ratitovec>



Oblikovanje: Nina Drol / Tardila s.p.



18. WMRA/WMA Masters World Mountain Running Championship

18. WMRA/WMA Master World Mountain Running Championships

23. International Ratitovec Mountain Running

2. 6. 2018

Železniki - Ratitovec

